

DISCOVER

THINK

APPLY

SOLVE

REFLECT

Learning to Learn Mathematics Reflecting on and appreciating your learning

1. Which steps of the Learning Process Methodology did you skip when learning mathematics in the past?
2. Which step or steps of the Learning Process Methodology are the most critical when it comes to learning mathematics? Explain your answer.
3. Which step do you think is the most important when it comes to **improving** how you learn mathematics?