

# Metacognitive Exploration

Name \_\_\_\_\_ Date \_\_\_\_\_

**What I learned** *(describe what you learned and a typical performance that demonstrates that learning)*

**My current level of learning** *(use the Levels of Learner Knowledge)*

☐ Level 2 Conceptual Understanding

☐ Level 3 Application

☐ Level 4 Working Expertise

**How I know that's the level of my learning** *(use the Levels of Learner Knowledge)*

Learning skills I use when I demonstrate or apply my learning <i>(use the Classification of Learning Skills)</i>		
Cognitive domain	Affective domain	Social domain

**Draft a “Why?” statement** *(explain to a learner why he or she would want or need to learn this)*

**How I would teach it to someone else** *(create a methodology)*

**Three critical thinking or inquiry questions** *(questions to help a new learner explore or transfer their learning)*

1.

**Answer**

2.

**Answer**

3.

**Answer**